

Healthy Families Indiana

Healthy Families Indiana is designed to help promote healthy childhood growth and development and prevent child abuse and neglect by assisting Hoosier parents to provide their children healthy and safe environments.

This voluntary home visitation program helps reduce:

- Childhood abuse and neglect;
- Childhood health problems; and
- Juvenile delinquency.

Healthy Families Indiana helps parents to access health care and parental education and connects them to community resources and service organizations.

Of mothers enrolled in the program:

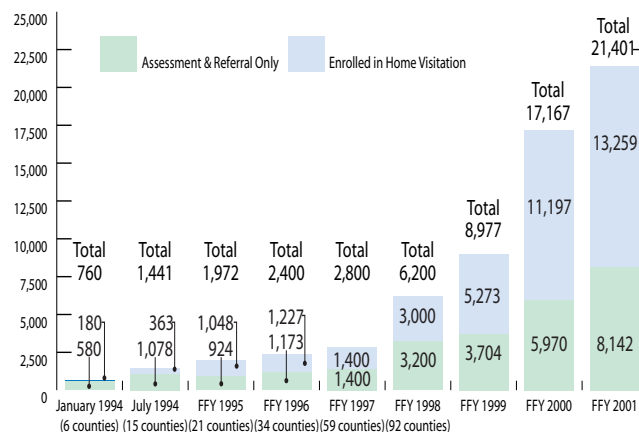
- 76% were single parents;
- 45% were less than 20 years old;
- 48% were first time parents.

FSSA Key Biennium Priority Goal

Conduct Healthy Families screenings for 90 percent of Hoosier births by July 1, 2003.

FSSA has screened 60 percent of the births as of December 2001.

Total Number of Families Served by Healthy Families Indiana (Assessments, Services Referrals and Home Visitation Enrollees)



One of the main goals of Healthy Families Indiana is to help families create a safe, nurturing environment for their children.

An independent study of 421 families measured the quality of the home environment and found that children benefited greatly from the Healthy Families program. Parents were more accepting, responsive and involved, and home environments were more organized and stimulating.

- At 2-3 months old, 25% of children had low scores and 18% had high scores.
- After three months in the program, 9% had low scores and 41% had high scores.

The number of children with high scores more than doubled in just three months.



"People helping people help themselves"

For more information, contact your local Division of Family and Children office.
www.IN.gov/fssa • www.IN.gov.fssa/families/protection/dfchealthy.html